



# **User Manual**

Version 4.0



**C** Certified to CE O123; EN795 B in 3 & 4 leg configurations for maximum 2 persons.



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#### Introduction

Congratulations on your purchase of the Arachnipod. The Arachnipod is a total edge management system that will empower the end user with a wide range of configuration options.

The complete Arachnipod (TEMS) system can be rigged as a:

- Gin Pole (mono pole / monopod)
- A-frame (bipod)
- Sideways A-frame (SA-frame)
- Tripod
- Quadpod
- Lazy Leg or Easel Leg Tripod
- Handrail monopod (used to support to a handrail)
- Bridge

Components can be added or removed as required so that the Arachnipod compliments existing structural or natural features making it the most versatile edge management solution on the planet.

Ferno understands that rigging is not always conducted on a flat surface or with a clean edge so the Arachnipod was designed with every conceivable task in mind. From the harshest vertical rescue conditions to a simple tripod for a confined space entry task, the Arachnipod will provide the flexibility that end users demand.

The versatility of the Arachnipod will appeal to a wide range of end users including rescuers, mines rescue, industrial rope access workers, construction, and film industries.

The end user can purchase as little or as much Arachnipod hardware to suit their scope of operations making the Arachnipod an edge management system that is both affordable and upgradeable to suit changes in operational needs.

With the appropriate training, the Arachnipod can be used in a variety of configurations and in any number of environments from wilderness applications to industrial rope access scenarios.



# Safe Working Loads

The typical weight of a single person load ranges from 80 kg to 120 kg (176 lb to 265 lb) depending upon a number of factors. The SWL of the Arachnipod exceeds this load in all configurations.

The weight of a rescue load typically ranges from 200 kg to 280 kg (440 lb to 617 lb) depending upon a number of factors. The Arachnipod offers many configurations that match or exceed the 280 kg load with only a few exceptions.

The table below outlines the safe working loads of the Arachnipod in various configurations.

	Leg setting	SWL external anchor point	Ultimate Strength	SWL load anchored to leg
Gin Pole at 2050 mm extension	F-6	280 kg / 616 lb	27.5 kN	N/A
Gin Pole at 3050 mm full extension	A-1	150 kg / 330 lb	14.7 kN	N/A
A-frame or	A-1	280 kg / 616 lb	27.5 kN	
Offset A-Frame or	B-2	340 kg / 784 lb	33.4 kN	
A-Frame with lazy leg	C-3	400 kg / 880 lb	39.2 kN	
Tripod and Quadpod	A-1	400 kg / 880 lb	39.2 kN	000 1.5 / 405 15
Handrail monopole	F-6	280 kg / 616 lb	27.5 kN	220 kg / 485 lb
Bridge beam 2000 mm span *	A-1	280 kg / 616 lb	27.5 kN	
Bridge beam 3000 mm span *	A-1	230 kg / 506 lb	22.6 kN	
Bridge beam 4000 mm span *	A-1	175 kg / 385 lb	17.2 kN	





\*If bridge beam has Strongbac fitted, SWL for bridge beam becomes 280 kg (616 lb) at any length up to 6000 mm / 19'8"

\*SWL for bridge trolley is 250 kg / 550 lb (ultimate strength 24.5 kN)

# **Dimensions and Weight**

Item	Storage	Max Length	Weight
Standard leg	1420 mm / 56"	3050 mm / 120 "	8.6 kg / 19 lb
Pulley leg	1550 mm / 61"	3150 mm / 124 "	10 kg / 22 lb
Tripod	370 mm x 130 mm x 1420 mm 14.6" x 5.1" x 56"	(see leg lengths)	25.8 kg / 57 lb
Tripod with pulley head	370 mm x 130 mm x 1550 mm 14.6" x 5.1" x 61"	(see leg lengths)	27.2 kg / 60 lb
Tripod bag	380 mm x 150 mm x 1600 mm 15" x 6" x 63"		
Accessories bag	400 mm x 200 mm x 660 mm 15.7" x 7.9" x 26"		
Bridge bag (2 m)	300 mm x 160 mm x 2150 mm 11.8" x 6.3" x 84.7"		

 $\square$  Throughout this manual 1 lb (pound) = 0.453 kg and 1 kg = 2.2 lb

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# **Tripod and Kit Contents**

# **Arachnipod Tripods**

Tripod style  Components:	Industrial	Industrial Plus	Advantage
Standard Leg	3	2	1
Pulley Leg	-	1	1
Lazy Leg	-	-	1
Lazy Leg Adapter Plug	-	-	1
Foot Tether Rope	1	1	1
Arachnipod Bag	Optional	Optional	Standard

# **Arachnipod Kit Contents**

Kit	Rescue	Rescue Plus	Advantage Plus	TEMS
Industrial Plus Tripod	1			
Advantage Tripod		1	1	1
Arachnipod Bag	1	1	1	1
Rigging Plate	1		1	
Spike Feet	3			
Quad Plate			1	
Reverse Head			1	
Gin Head			1	
Full Accessory Kit		1		1
2m Bridge Kit in Bag with Spare Leg and Foot Tether Rope				1

<sup>\*</sup> Extra legs and all accessories can be ordered separately to suit custom requirements



Full Accessory Kit cont	ents
Accessory bag	1
Spike Feet	4
Gin Head	1
Soft Ground Shoes	4
Hold Down Stakes	4
M12 Tru-bolts	8
M12 masonry drill bit	2
Spare Qik-link head pins	2
Spare detent pins	2
Spare leg pin with detent pin	1
Steps	2
Equipment Bracket	1
Rigging Plate	1
Quad Plate	1

Optional Extras:	Units
Extra length bridge kit (with bag)	per metre
Stainless steel bearing upgrade for bridge kit	ea.
Additional Pulley Leg	ea.

Lazy Leg Kit	Qty
Lazy Leg	1
Reverse Head	1
Lazy Leg Bag	1
Note: Gin Head available as optional extra	

Winch kits – 6 mm cable	Qty
10 m winch and mount	1
20 m winch and mount	1

Refer to page 34 onwards for additional accessories



# WARNING

Activities conducted at height can be dangerous resulting in injury or death. Do not use this device unless you have:

- 1. Read and understood the users manual
- 2. Received appropriate training
- 3. Ensured a competent person has conducted a risk assessment for the specific task
- 4. Carried out a pre-operational check of the Arachnipod, associated hardware and rigging before each use
- 5. Accepted total responsibility for your own safety, and
- 6. Proof tested any drilled-in anchorages in accordance with local standards.

This manual is not intended as a substitute for appropriate training. Training, practice and experience in technical rigging are essential for safe use!

The Arachnipod and associated hardware must always be secured to prevent it from falling over an edge. The Arachnipod may become unstable if used without an assessment of the resultant force and direction. Additional rigging may be required to ensure complete stabilisation.

A primary rope or cable system with an independent safety back-up system must be used when loaded life lines are rigged through any edge management device.

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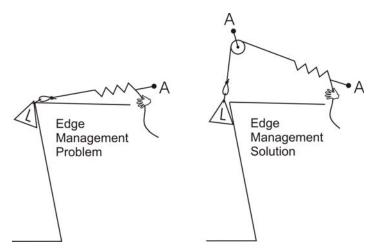


# **Safe Working Practices**

- 1. Do not exceed the safe working load for the given application.
- 2. Always maintain a safety line independent of the main line.
- 3. All Arachnipod feet must be secured to prevent unwanted movement.
- 4. It is a good practice to ensure that all rigging is capable of holding the entire weight of the main load.
- 5. Always provide height safety and fall prevention for personnel working close to the height risk.

# **Principles of Edge Management**

Edge management is the assessment of the rigging task to ensure that the load can be maneuvered over the edge. Rigging to provide a high change of direction is the key to successfully managing an edge. The Arachnipod is a tool that can be used to achieve a high change of direction.





**Total Edge Management Solution** 

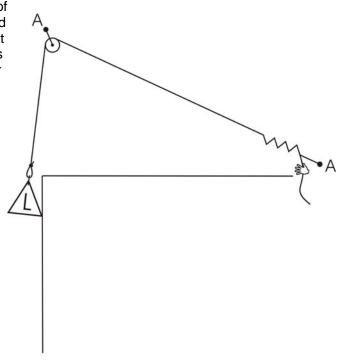


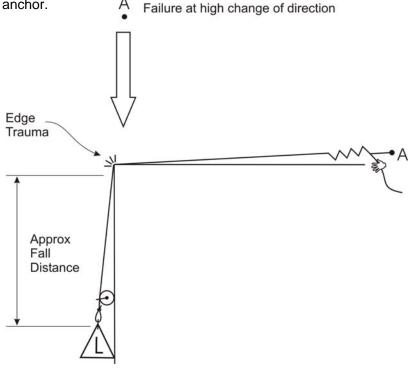
# Critical Point Analysis (high change of direction)

A critical point analysis is the assessment of all rigging regardless of the equipment brand or type. The purpose of a critical point analysis is to determine if the rigging relies on any single point to provide operator safety.

The Arachnipod if used correctly will provide an efficient and safe edge management system but not all aspects of the rigging and equipment use can be guaranteed by the manufacturer. Many factors such as edge instability, anchor insecurity, misuse, persons who are not fully competent, user error, abuse and the use of other equipment could result in a system failure.

The diagram (right) shows how failure of a high change of direction (edge management) of a single rope system would subject the load to a fall. The seriousness of the fall will depend upon many factors including the height of the change of direction and the length of rope that is between the load and the anchor.

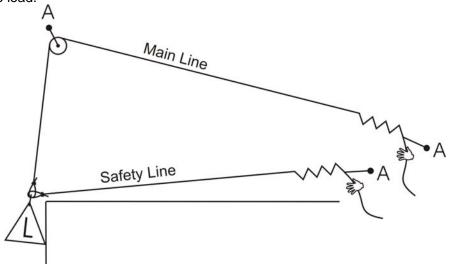




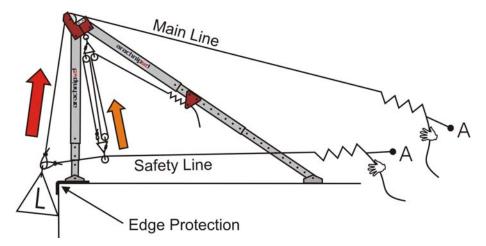


# The Two Rope System

A two rope system provides additional safety by backing up the main line and any edge management systems. The second line or safety line is rigged to take the shortest path from the anchor to the load.



When the load is located below the edge the safety line provides protection for both main line and edge management failures. When the load is located above the edge the safety line provides limited protection for main line failures.



The Arachnipod can be rigged with the main line passing over the pulley head and a rated hauling system can be used to progressively pick the safety line up as the load is raised. This process provides additional protection against a main line failure. Ferno can supply properly rated and prerigged hauling systems that are suitable for this task.

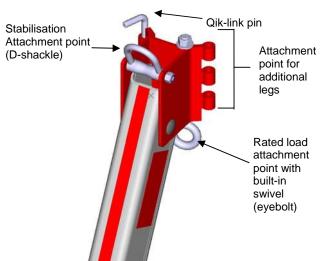




Edge protection should also be provided to protect both lines against edge trauma. Ferno can supply a range of edge protection solutions.



# **Arachnipod Parts**



# Standard Leg

Legs can be connected using Qik-link pins. The connected joint looks much like a hinge.

A basic tripod is made up of three standard legs joined with Qik-link pins. The removal of one Qik-link pin allows the tripod to be stored flat for easy transportation.

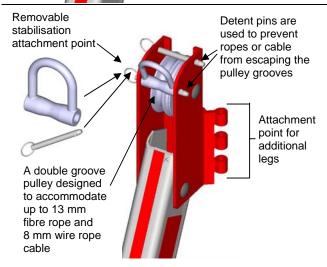
Rated load attachment points (eyebolts) are provided along with an additional attachment point for stabilisation rigging. The load attachment point can swivel 360°.

# Pulley Leg

A pulley leg can be used in place of a standard leg to add a pulley to a tripod or A-frame configuration. Other configurations such as a handrail technique are also possible. (see handrail technique in this manual)

The pulley has been designed to accommodate up to 13 mm fibre rope as well as up to 8 mm (steel/stainless steel) wire rope cable.

The stabilisation attachment point is removable.



# Qik-link pin Detent pin is used for the removable stabilisation Attachment attachment point for point as well additional as the lock legs when using the lazy leg with the gin head Leg can pivot 180°

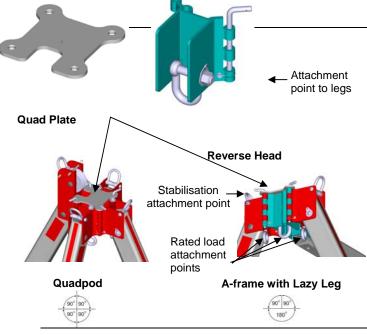
# Lazy Leg

The lazy leg is coloured blue for easy identification. It has a pivot range of 180°.

A lazy leg is used with a reverse head, quad plate and two other legs to build an A-frame with lazy leg and it is used with a gin head to build a gin pole.

Additionally the lazy leg adapter (sold separately) can be placed into the lazy leg to convert it to a standard leg



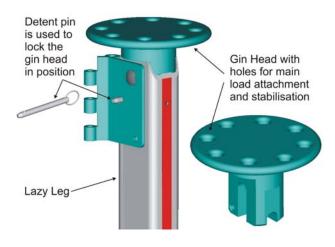


# Reverse Head, Quad Plate and Quad Pod

A quad plate is used whenever four legs or heads are used together, such as a quadpod or lazy leg configuration.

A reverse head is used to change the angle between legs, and is used when a lazy leg configuration is required

When using a reverse head and whenever possible, loads should be attached to the large D-shackle to centralise the load between the two opposing legs.



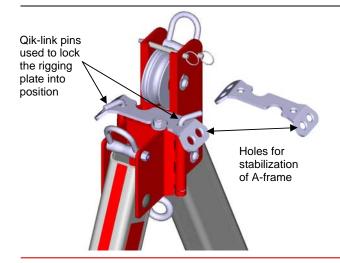
#### Gin Head

The gin head is used with a lazy leg to form a gin pole. Both parts are coloured blue making the leg selection an easy task.

Before connecting the gin head the head on the lazy leg must be rotated 180°.

The gin head is then inserted into the lazy leg tube and locked into position with a detent pin.

The Gin Head can also be used as a large rigging plate when not used in a gin pole configuration

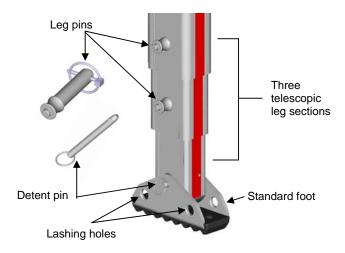


# Rigging Plate

A rigging plate is used when two legs are connected as an A-frame. It is used to provide additional stabilisation attachment points and is not for live loads.

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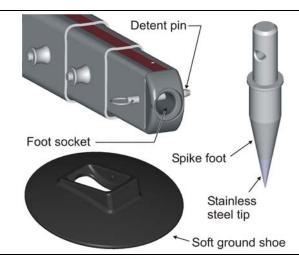


# Leg with a Standard Foot

All legs have three telescopic sections that are locked with two leg pins. The foot options are held to the base of the lower leg with a detent pin.

A standard foot is ideal for flat surface applications. Lashing holes in the standard foot are provided for the leg restraint rope or other lashing technique.

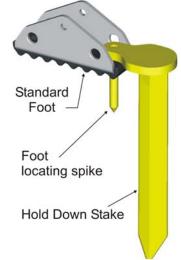
Unused lower leg holes can also be used with the leg restraint rope or for other lashing techniques.



# Spike Foot and Soft Ground Shoe

A spike foot can be used for point loading and ground penetration applications. A stainless steel tip has been added to extend the service life of the spike foot. The spike foot inserts into the foot socket and is held in place with a detent pin.

The soft ground shoe fits over the spike foot and clips to the foot socket. It is used to limit ground penetration in soft ground applications.



# Hold Down Stake

A hold down stake can be used to secure a standard foot to the ground.

The foot locating spike lines up with one of the holes in a standard foot.

Taking care not to impact against the Arachnipod foot or leg, hammer the hold down stake half way into the ground. Check the alignment of the foot locating spike then continue to hammer the stake into the ground. A soft faced or shot filled hammer is recommended for this task.



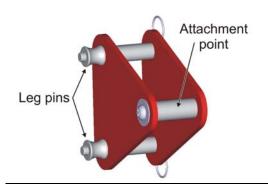
NOTE

Maintain the alignment of the foot locating spike and the hole in the standard foot whilst hammering the hold down stake into position.



Numerous bridge beam

spans are available



# **Equipment Bracket**

The equipment bracket must only be used when attached to the middle telescopic leg section.

The safe working load of the Arachnipod is reduced to 220 kg when a leg is used as an anchor.

This attachment point is only to be used if the main line passes through a change of direction pulley at the head of the tripod.



# Steps

Steps can be attached to the middle and the lower leg sections. They are a useful aid when reaching high rigging. They are reversible and can be attached to the inside or the outside of a leg. A leg pin is used to secure a step into position.

Steps do not carry a rating for any load applications.

Before using a step you must ensure that you are secured with suitable height safety rigging and personal protective equipment.

# Bridge Beams and Trolley

Bridge beams are available in lengths up to 6 m (refer SWL table on page 4 for load rating). They add a spanning capability that is well suited to trench rescue and confined space applications. A trolley is fitted to the bridge beam. The trolley is hauled back and forth along the beam using the trolley positioning line. This is a single person operation.

An "English Reeve" is recommended because it negates the need for any additional trolley stabilisation. A tie off point has been included to facilitate "English Reeve" rigging.

A mechanical advantage hauling system can be suspended directly from the trolley as long as it includes an integrated braking system to remove lateral forces at times other than when being raised or lowered. The Ferno CSR pulley kit (available separately) is a pre-rigged 4:1 mechanical advantage system incorporating a brake and a remote release for raising and lowering.

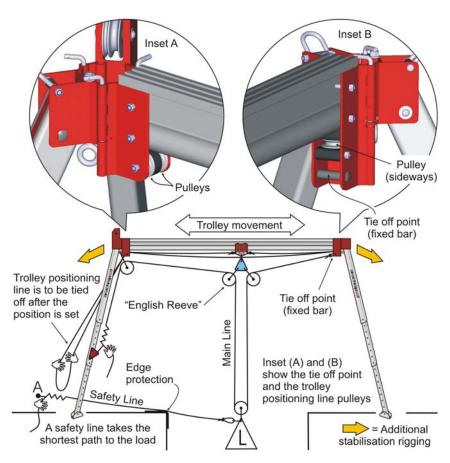
The trolley positioning line is used for positioning of the trolley.



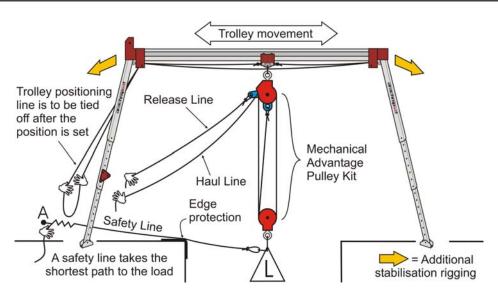
If any other rigging systems are used then the resultant forces must be considered and additional stabilisation of the trolley and the bridge is required.



# **Bridge Systems**



A bridge with "English Reeve" rigging



A bridge with a mechanical advantage hauling / lowering system and an integrated brake



# **Arachnipod Assembly**

The assembly and rigging process for the Arachnipod depends upon a number of factors including:

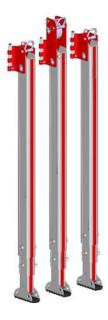
- The type of Arachnipod kits available
- The configuration to be used and
- The rigging experience of the user

It is recommended that two or more people work together to assemble the Arachnipod components as follows:

# Step 1. Preparation

Select the most appropriate Arachnipod configuration for the task. Establish a staging area where the Arachnipod components can be laid out. A staging area is a location that is in a safe area (away from the fall hazard). A clean tarp is a useful tool for staging. Carry out a pre-operational check of all equipment and do not extend the legs until the heads are connected.

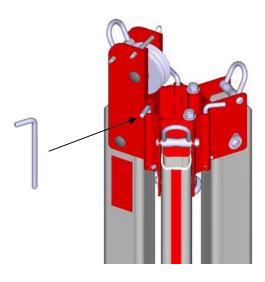
# Step 2. Assemble legs



If more than one leg is required, stand the legs in an upright position next to each other, align the hinge cut-outs and insert the Qik-link pins.

If rigging plate/quad plate is required it must be positioned prior to inserting Qik-link pins.

Repeat this process for any further legs that are required for your desired system.



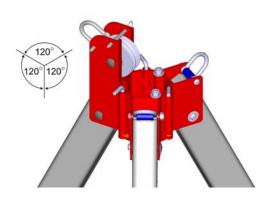
Bring the remaining head joints together and fit the last Qik-link pin.

Check all Qik-link pins to ensure that they are fully engaged into the head joints. Push down until they are retained by the spring clip.



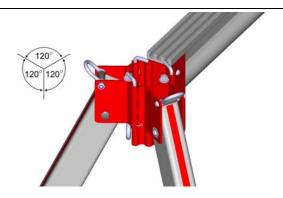
Spread the legs until they reach maximum angle.

Tripods will stand up unassisted if on a flat surface but other applications may require support until the rigging has been completed.

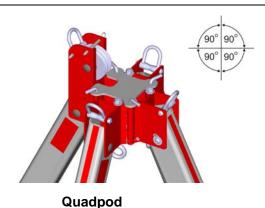


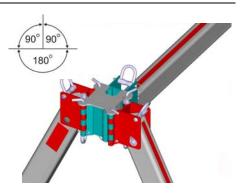
**Tripod** 

If a bridge is being used, it can be connected to two sets of A-frames at this time.



**Bridge** 





A-Frame with Lazy Leg

A  $4^{th}$  leg and quad plate can be added to create a quadpod. A reverse head and a quad plate can be added to change the angle between two legs to  $180^{\circ}$ .



NOTE

A reverse head and a quad plate must always be used for an A-frame with lazy leg. A quad plate must always be used for a quadpod.

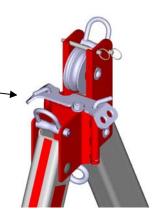


A rigging plate is recommended for use with an A-frame to provide additional stabilisation of the unit during use.



# CAUTION

Double check ALL connections before proceeding to the next step.



#### A-Frame

#### Step 3. Tether the Arachnipod and move it into position

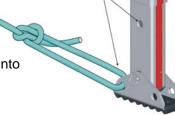
Tethering is not to be confused with stabilisation.

Tethering simply stops the equipment from being dropped over an edge whereas stabilisation stops unwanted movement whilst the equipment is being used.

These holes can be used to tether the Arachnipod

Tether the Arachnipod with a rope to prevent it from being dropped over an edge.

Once the Arachnipod has been tethered it can be moved into position.



#### Step 4. Extend the legs

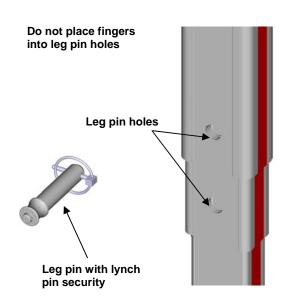
Extending the legs can be achieved by removing both leg pins from the legs and adjusting the legs to the desired height. This can be achieved by one person moving from leg to leg and making small adjustments or with multiple persons all adjusting their respective leg simultaneously.

It is easier to adjust the height of the legs whilst they are close together, before splaying them out.

Once desired height is achieved, fit leg pins through leg pin holes and secure with lynch pins.

Ensure that the stability of the Arachnipod is maintained whilst the legs are being adjusted.

Check that all leg locking pins are fully engaged and that each pin has been secured with a lynch pin.



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# WARNING

Take care with sliding parts. Do not place fingers into holes and watch for pinch points that may be created depending upon the application and the equipment used.

#### Step 5. Position the legs

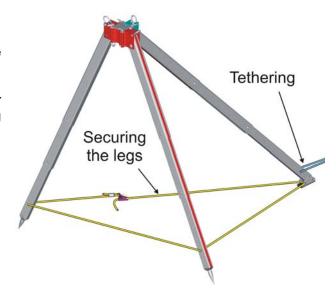
Check that the legs are positioned in a secure location and ensure that the most appropriate foot option is being used.

# Step 6. Secure the legs

Secure the legs to suit the application.

A length of rope and a rope grab can be used to stop the legs from splaying.

Legs may also be lashed into position or some foot options may provide sufficient leg stability without additional rigging.





# CAUTION

Legs must be prevented from splaying apart when loaded. Damage to the Arachnipod may result if the splaying of legs is not managed.

#### Step 7. Assess the resultant force and direction

Tension and pre-load lines may need to be rigged to ensure Arachnipod stability. Please read the section in this manual titled "Assessing the stability of your Arachnipod rigging". Using hand tension, a simulated force can be applied by to the main line to visualise the resultant direction. The positioning of the head and the length of the legs can now be modified so that the resultant direction is located appropriately.

#### Step 8. Provide additional rigging as required

Add additional tension and pre-load rigging as necessary to ensure stability. Apply tension to all stabilisation rigging as required, then check the Arachnipod for stability.

# Step 9. Rig a two rope system wherever possible

Rig a two rope system to provide a backup to both the main line and the edge management rigging.



# Step 10. Carry out a safety check

Visually check all anchors, rigging, karabiners, friction devices, harnesses and personal protective equipment before committing anyone to the edge. Edge safety lines must be provided for any persons who are working close to the edge.

# Step 11. Weight the system and recheck the resultant

Before committing a load to the edge, the system should be weighted in a safe manner (for example: backed up with a safety line) and the resultant re-checked. This step should be carried out in a manner that allows retrieval of the load if adjustments to the configuration or rigging are needed.

# Step 12. Monitor the Arachnipod for stability

There are many factors that can change the physics of the edge management task and as such the stability of the Arachnipod must be constantly monitored. If any instability is detected then the safety line can be set to safely hold the load whilst adjustments are made.

# **Anchoring the Arachnipod**

The number of anchors that will be required depends entirely upon the configuration of the Arachnipod. Safe and secure anchors will be required for:

- 1. The main line
- 2. The safety line
- 3. Edge safety lines (for persons working close to an edge)
- 4. The initial rope lanyard or tether used to secure the Arachnipod.
- 5. Each tension line and
- 6. Each pre-load line



# WARNING

Anchor selection and anchor rigging techniques are not within the scope of this manual.

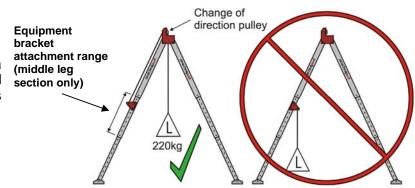
#### Using an Arachnipod leg as an anchor

The Arachnipod equipment bracket can be used to provide a rated attachment point that connects to a leg of the Arachnipod. Anchoring to a leg is useful in many situations including tripod applications. The safe working load is reduced to 220kg when a leg is used as an anchor. The equipment bracket is designed to be attached to the middle telescopic leg.



# WARNING

The rigging must include a change of direction at the head when an equipment bracket is being used as an anchor.



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Understanding the forces at a change of direction pulley

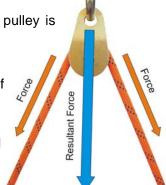
Most edge management tasks require the use of a pulley or pulleys to change the direction of the load line. Correct assessment of the loads being applied to these pulleys and the ability to determine the resultant direction is essential when selecting the most appropriate edge management system and rigging.

An applied force has magnitude and direction. A change of direction pulley is subjected to two forces:

- 1. The weight of the load, and
- 2. The force required to manage that load.

The force that is required to manage the load will vary because of friction.

The resultant force bisects the two applied forces. A good indicator of resultant direction is to look at the direction of the pulley and attachment hardware.

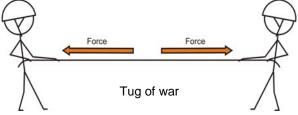


# Understanding the forces being applied to the Arachnipod

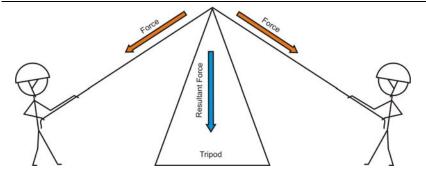
The Arachnipod or any other edge management device is subjected to resultant forces and directions. To keep edge management devices or rigging in place the resultant forces and directions being applied must be assessed and sometimes additional rigging will be required to provide stabilisation. In simple terms, if all of the forces are balanced then the Arachnipod will remain stable.

We can use various Arachnipod components and rigging to balance the forces as follows:

- 1. The legs of the Arachnipod system are generally used to balance compression forces,
- Additional rigging is used to balance tension forces, and
- Some rigging may be used to preload the tension rigging to minimise movement created by rope stretch and cyclic loading.



The game known as "tug of war" is a good example of balanced forces. If two people applied exactly the same horizontal force then the rope would remain stationary. The load forces are balanced and no movement would occur.



If a tripod is placed under the tug of war rope then the same rules would apply.

Because there is now a change of direction a resultant force now exists.

# Assessing the stability of your Arachnipod rigging

The following stabilisation examples will look at the resultant directions and suggest how the stability of the edge management scenario may be managed.

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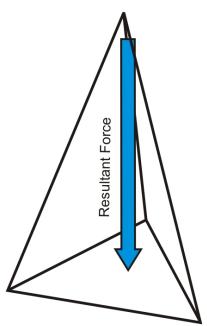


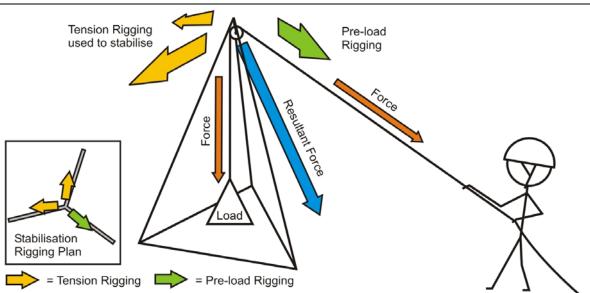
Remember: an applied force has magnitude and direction. This manual will refer to resultant forces and resultant directions.

# **Tripod Stabilisation**

Tripods make use of three legs all of which are in compression. Some tripods applications may require additional rigging to provide sufficient stabilisation and security.

If a tripod is rigged in such a way that the resultant force and direction are being applied downwards and if it remains within the triangular base (the triangle formed by the leg securing rope) then the tripod will remain stable. If the load shifts closer to any given leg then the load being applied to that leg increases but the tripod will remain stable.





If the resultant force and direction is being applied outside of the triangular base then the tripod will become unstable. Additional rigging will be required to maintain tripod security. Some of the rigging will remain under tension and other rigging may be used to preload the edge management system.



# **Tripod Stabilisation**

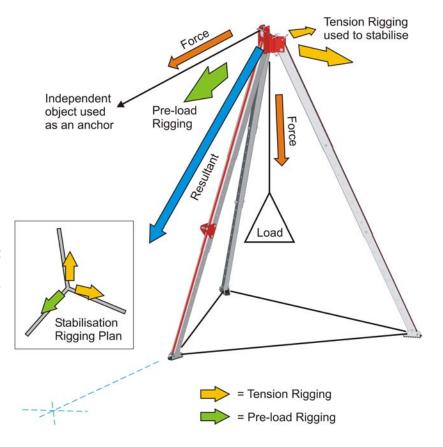
This tripod application does not require any additional rigging because the resultant force and direction is within the triangular base.

The dotted lines on the ground surface represent the point where the resultant direction is focused.

Equipment bracket or winch used as an anchor

This tripod application requires additional rigging to counteract or balance the resultant force and direction.

The dotted lines on the ground surface represent the point where the resultant direction is focused.

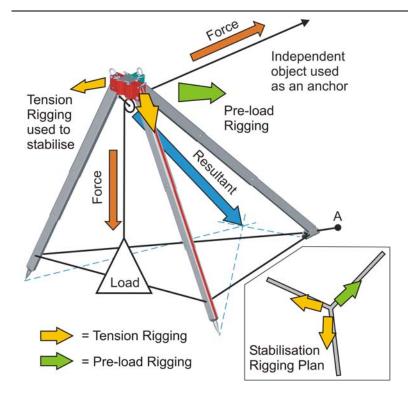




# **Lazy Leg Tripod Stabilisation**

A lazy leg or easel leg tripod is similar to a regular tripod because it uses three legs in compression. A lazy leg tripod is constructed as an A-frame with an additional leg known as the lazy leg. The angle and length of the lazy leg is set so that the resultant force and direction can be managed.

Some lazy leg tripods will require additional rigging to provide sufficient stabilisation and security. If a lazy leg tripod is rigged so that the resultant force and direction is being Independent applied downwards and within the object used triangular base then the lazy leg Force as an anchor tripod will remain stable. If the load shifts closer to any given leg then the load being applied to that leg increases but the tripod will remain stable. The dotted lines on the Load ground surface represent the point where the resultant direction is focused.



If the resultant force and direction is being applied outside of the triangular base then the lazy leg tripod will become unstable. Additional rigging will be required to provide lazy leg tripod security.

The length and position of the lazy leg may be adjusted to assist with the management of the resultant direction.

The dotted lines on the ground surface represent the point where the resultant direction is focused.



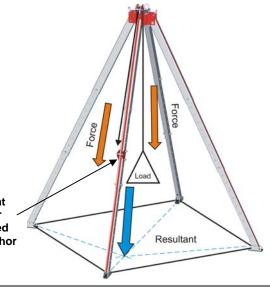
# **Quadpod Stabilisation**

The Quadpod allows for greater versatility and stability combining 4 legs into one system. A Quad Plate is required to ensure stability of the entire system. The principles of stabilisation are the same as a Tripod with the addition of an extra leg.

This Quadpod application does not require any additional rigging because the resultant force and direction is within the triangular base.

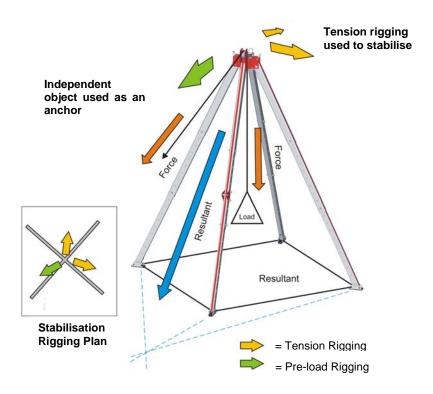
The dotted lines on the ground surface represent the point where the resultant direction is focused.

Equipment bracket or winch used as an anchor



This Quadpod application requires additional rigging to counteract or balance the resultant force and direction.

The dotted lines on the ground surface represent the point where the resultant direction is focused.





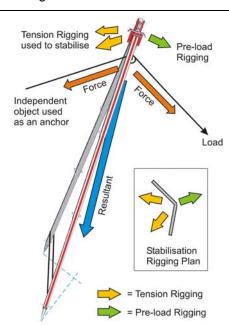
#### **A-Frame Stabilisation**

An A-frame makes use of two legs to form two compression members. A-frames always require rigging to provide at least one tension member, additional rigging can be used to provide two or more tensioned members and pre-load rigging can be used to hold the A-frame in position. A-frames can be constructed with Arachnipod components using three methods:

# 1. Standard A-frame

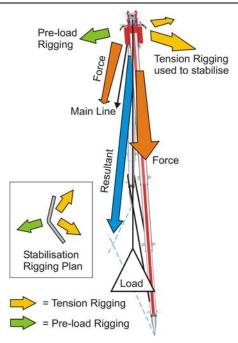
Two legs positioned perpendicular to the load line. Tension and pre-load rigging is used to hold the A-frame in position.

This method is ideal for holding span lines off an edge.

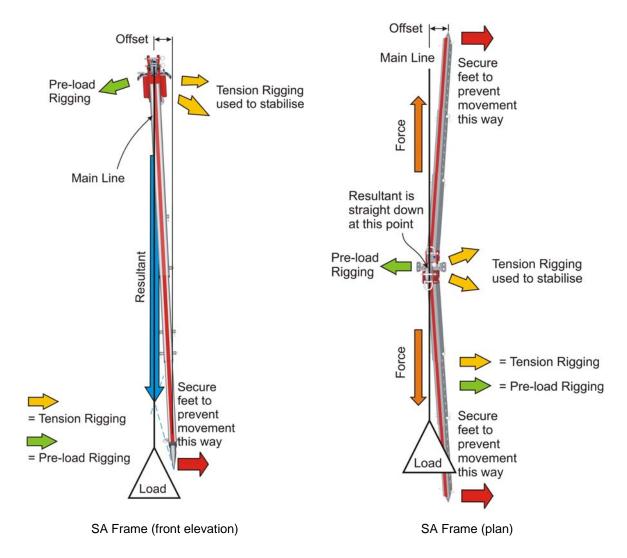


# 2. Sideways A-frame (SA-frame)

Two legs positioned close to parallel with the load line. The leg lengths and positions are set so that the resultant direction is focused between the two legs but not in direct alignment with the legs. The SA-frame is tilted to ensure that the resultant direction remains focused at a point that is offset from the alignment of the legs. The dotted lines on the ground surface represent the point where the resultant direction is focused. If the tilt is offset to the right then the tension rigging will need to be on the left. If the tilt is offset to the left then the tension rigging will need to be on the right. The feet will need to be securely located or lashed into position to resist lateral movement. All rigging should be adjustable so that tensions can be modified as required.







When rigging an SA-frame the resultant forces are being applied downwards and balanced mostly by the A-frame legs (front elevation). The SA-frame should be laid over, tilted or offset slightly for the following two reasons:

- To provide clearance so that the main line does not contact the Arachnipod components, and
- 2. To ensure that the rigging is clearly identified as being "tension rigging" and "preload rigging"

The tension rigging keeps the A-frame in position and balances out resultant forces created by the lay or offset positioning of the SA-frame whereas the preload rigging is used to preload the SA-frame and hold it firmly against the ground.

The load upon the tension rigging increases as the offset is increased. Sufficient offset is required to ensure that the tension rigging remains in tension with consideration to any changes in load force direction during the operation. Avoid excessive offset because this places unnecessary force upon the tension rigging.

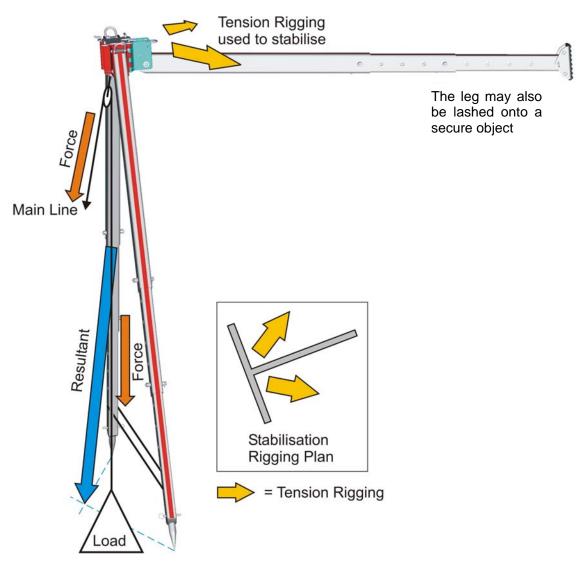


# 3. A-frame with a lazy leg

Using two legs positioned parallel to the load line, held in place with a third leg (lazy leg) and rigging. Although this method is technically a lazy leg tripod it is used in such a way that the lazy leg is only subjected to the tension that is applied by the tension rigging. If the lazy leg was lashed into position and tension rigging was omitted then the lazy leg would be subjected to some tension.

The tension rigging is used to apply some pre-loaded force onto the lazy leg.

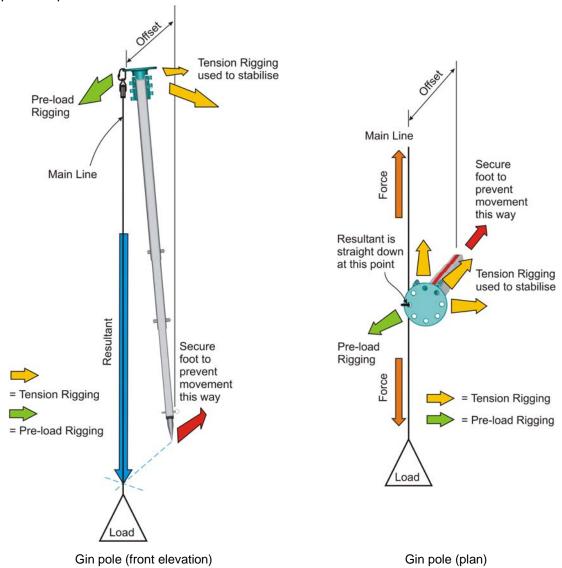
The tension rigging and / or the lazy leg is used to support the SA-frame and the legs of the SA-frame are in compression. This method is ideal when there are no anchors available for preloading on the low side of the A-frame.





#### **Gin Pole Stabilisation**

A gin pole (mono pole / monopod) makes use of a single leg to form the compression member. Gin poles always require rigging to provide at least two tension members, additional rigging can be used to provide three or more tensioned members and one or more pre-load members to hold the gin pole into position.



A gin pole is positioned and rigged so that the resultant forces are being applied close to the long axis of the single leg with a slight offset for two reasons:

- 1. To provide clearance so that the main line does not contact the Arachnipod leg, and
- 2. To ensure that the tension and pre-load rigging is clearly identified

The tension rigging keeps the gin pole in position and balances out any resultant forces created by the slight offset and the preload rigging keeps the gin pole in position.



# Using a single leg to manage a handrail

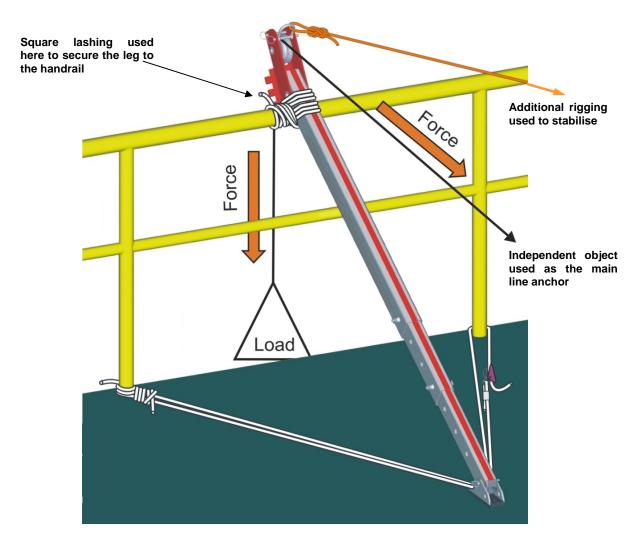
A single leg can be used to form a compression member that will help support a handrail. If the resultant direction is focused at a point that is just forward of the foot then most of the force will be transferred to the ground by the leg.





This technique is recommended for advanced users only; incorrect use of this system could be dangerous.

An assessment of the handrail is required to ensure that it is suitable for this type of rigging. The angle of the leg and the resultant direction must be considered when assessing the handrail.

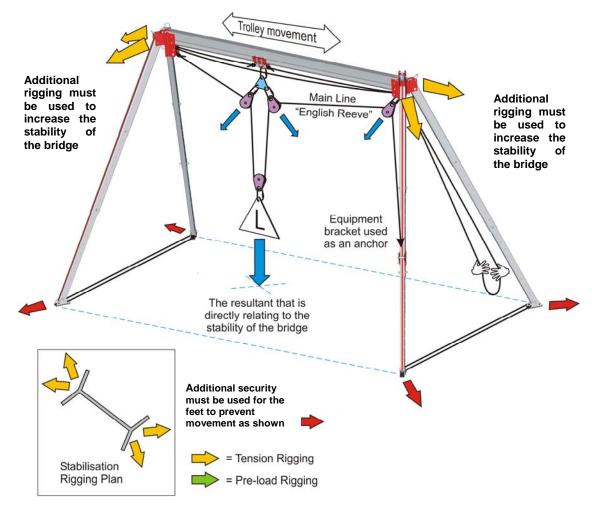


Leg securing ropes or round lashing can be used to provide tension rigging that keeps the single leg in place. Square lashing can be used to secure the leg to the hand rail.



# **Bridge Stabilisation**

A bridge make use of four legs that are all in compression and a bridge beam that spans between two sets of two legs.



If a bridge is rigged in so that resultant force and direction remain within the rectangular base then the bridge will remain stable. The strength of the bridge beam and the four legs balances the resultant force. If the load shifts closer to any given leg then the load being applied to that leg is increased but the bridge will remain stable.

Additional rigging must be used to protect against any unplanned shifts in resultant direction. Instability will occur if the resultant direction moves outside of the rectangular base. Always consider the stability of the feet regardless of the configuration being used.



**NOTE** 

Every change of line direction will create a resultant direction. In this example (above) the resultant below the load is directly relating to the stability of the bridge.

A Bridge Ratchet Strap Stabilisation Kit is available as an optional extra (refer page 34 onwards)



# **Foot Options for your Arachnipod**

# Standard Foot

A polyurethane tread molded around an aluminium foot. The standard foot is ideal for flat surface applications.



# Spike Foot

A pointed aluminium spike with a replaceable stainless steel tip. The spike foot is ideal for point loading and ground penetration applications.



# Soft Ground Shoe

A hard polyurethane disc that is used in conjunction with the spike foot to limit ground penetration in soft ground applications.



# Hold Down Stakes

A steel picket with an impact plate and a locating pin. The steel picket is driven into the ground after aligning the locating pin with a hole in a standard foot. This secures the foot to the ground.



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#### Tru-bolts

Tru-bolts are supplied in the accessory kit. Tru-bolts can be used in place of hold down stakes to secure the foot to concrete and other hard rock surfaces.



#### General

The Arachnipod is used for securing persons that work in confined spaces where a fall from height may occur, specifically in areas such as tanks, shafts, trenches, mountain cliffs and voids or confined spaces that need entering.

The use is limited to persons who are physically fit and have been instructed in the proper safe use of the product as well as obtaining the correct necessary knowledge in the use of the of the product. In order to rescue a person that has been involved in a fall or incident / accident a full emergency rescue plan must be implemented to consider all possible implications and situations that may occur during the rescue

# Inspection of the Arachnipod

Equipment should be inspected regularly, before and after each use by a qualified person. Record the date of the inspection and the results in the equipment log. Each user should be trained in equipment inspection and should carry out an inspection before each use.

Inspect the Arachnipod for cracks, dents, or elongation of the karabiner and pin holes. The legs should fit together smoothly and should not appear bent or deformed. Pins should have the retaining hardware present and must function freely.

Inspect plastic parts for wear or chemical damage.

If any significant damage is observed, the equipment should be removed from service.

If there is any doubt regarding the safety of the equipment, it should be removed from service and retired.

#### **Safety Information**

If the Arachnipod has been subjected to impact or a fall, it is to be withdrawn from service immediately and must be tested and inspected by a suitably accredited qualified person or the supplier of the system, Please be aware that extreme temperature, chemicals and rough handling of the system may cause damage

# Repairs

Any repair work must be done by the manufacturer or accredited agent. Any other repair work or modifications will void the warranty.





The Arachnipod has been engineered and tested using the original equipment as supplied. Never replace any pins, bolts or other components with non-genuine parts.

Do not use your Arachnipod if any parts are missing.

For service or repairs, please contact your local Ferno Distributor or Ferno Australia Phone: +61 7 3881 4999 Email: sales@ferno.com.au www.ferno.com.au



#### Care, Maintenance and Storage

Wash the unit with warm water and soft detergent soap, Rinse with clean water, Leave unpacked unit in a warm dry, well shaded and ventilated place to dry. Do not use additional heat sources or blowers to dry the unit. Avoid contact with chemical, oils, solvents and other aggressive corrosive materials or agents. Once cleaning is complete, Store unit in bag and store at room temperature away from direct sunlight. If unit requires any further maintenance contact your supplier for further details

#### Life Cycle

This is dependent on the individual operational conditions of each unit, The maximum lifespan of the unit is 12 years, however this would be dependent on many factors such as frequency of use, actual conditions of use, care and maintenance of the unit, weather and environmental conditions etc. The unit could be withdrawn from service before or after a specific use or on inspection during the mandatory annual review and therefore the lifespan of the unit is immediately terminated and must be removed from service immediately. Each unit has a date of manufacture on the individual components. Once the date of manufacture reaches 12 years, the unit must be removed from service and be destroyed accordingly.



# **Additional Accessories for your Arachnipod**

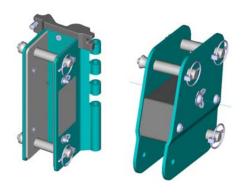
(All sold separately)

APOD -W20 Winch with 20 m cable



Winch with bracket to mount to middle section of any supporting leg. SWL 220 kg / 485 lb

**APOD-EKLL**Extension Kit for Lazy Leg



Extends the length of Lazy Leg by 1.7 m / 67"

APOD-FA
Fall Arrest Block with Retrieval Winch



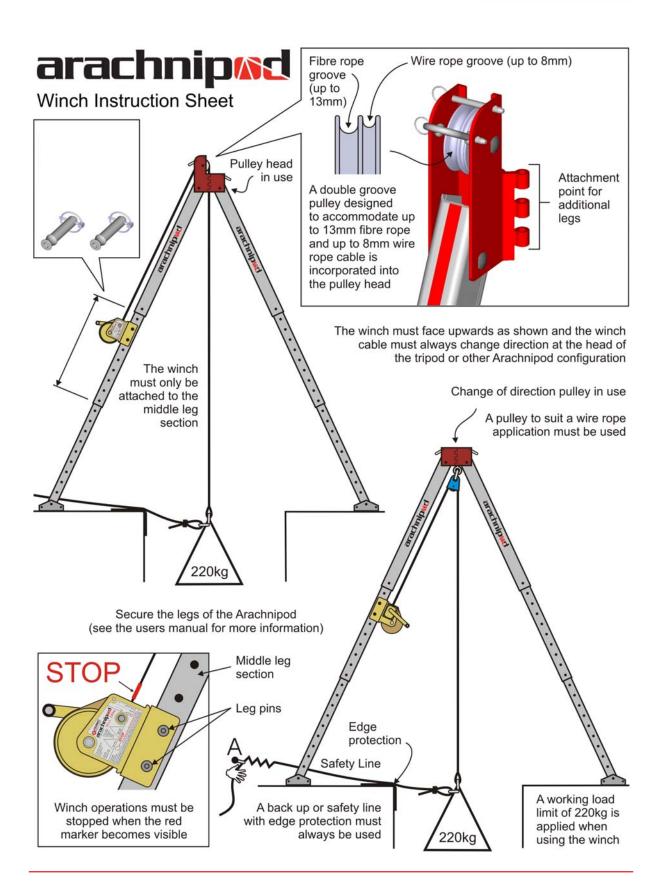
Fall arrest block with bracket to mount to middle section of any supporting leg SWL 136 kg / 300 lb

APOD-LLA Lazy Leg Adapter

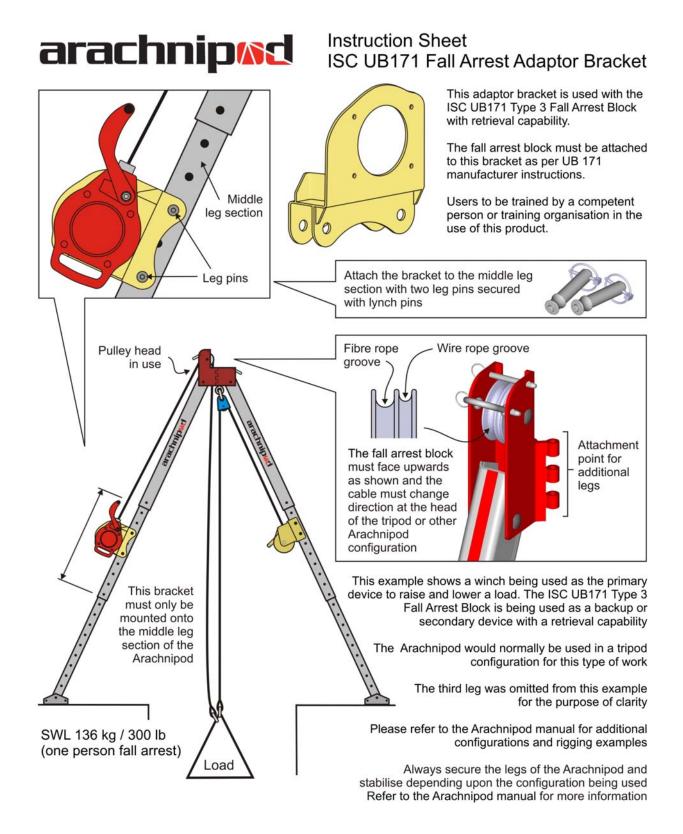


Converts a Lazy Leg into a Standard Leg









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# arachnipod

# Lazy Leg Extension Kit Instruction Sheet

A lazy leg is used to provide additional bracing support to an "A" frame, it can act as both a tension or compression member. It does **NOT** provide the structural strength of the configuration.

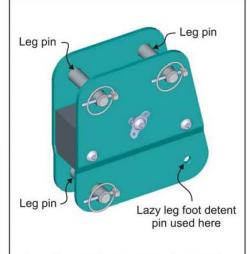
The "Lazy Leg Extension Kit" includes two components that are used to attach an additional standard leg to the lazy leg to provide greater reach.

#### WARNING

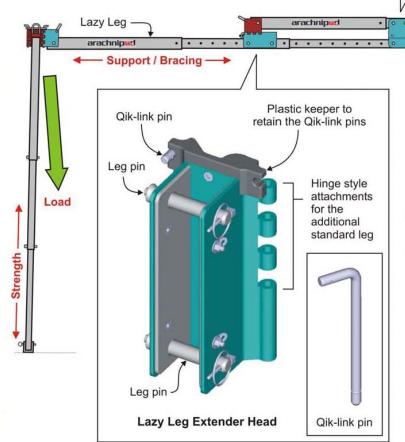
Both the Lazy Leg Extender Head and the Lazy Leg Extender Plate Assembly must be used together.

The Lazy Leg Extension Kit provides bracing support only and must NOT be used to extend any structural components.

All the Qik-link pins, leg pins and the detent pin must be used to ensure that the lazy leg and the additional standard leg are properly supported.



Lazy Leg Extender Plate Assembly



Remove foot - use detent pin

Standard Leg

Assembly Guide

 Attach the "Lazy Leg Extender Head" to the lazy leg

Secure with 2x leg pins

- Remove the lazy leg foot (retain the detent pin)
- Attach the "Lazy Leg Plate Assembly" to the lazy Leg

Secure with: 1x leg pin and the lazy leg detent

4. Attach the extra "Standard Leg"

Secure with: 2x Qik-link pins and 2x Leg pins

Check that the Qik-link pins are clipped into the moulded plastic keeper to ensure pin security



# arachnip

# Lazy Leg Adaptor Plug Instruction Sheet

A Lazy Leg Adaptor Plug is used to convert a lazy leg into a standard leg. It is supplied with a detent pin that is used to secure the Lazy Leg Adaptor Plug into position

Once fitted to the lazy leg, the Lazy Leg Adaptor Plug provides a stop so the leg can only rotate 25 degrees



# **Assembly Guide**

Note: It is easier to fit the Lazy Leg Adaptor Plug before the lazy leg is attached to any other legs

- Remove the top leg pin and extend the middle leg section to provide space for the Lazy Leg Adaptor Plug (See the cross sectioned view)
- 2. Remove the detent pin and the stabilisation attachment point (D ring)
  - 3. Rotate the leg so that it is positioned parallel to the head as shown
    - 4. Remove the detent pin and insert the Lazy Leg Adaptor Plug
      - 5. Insert the detent pin through the accessory attachment hole to secure the Lazy Leg Adaptor Plug

0

0

6. Refit the stabilisation attachment point (D ring)

7. Set the leg length and refit the leg pin

# length and refit the leg pin Point (D ring)

Accessory Attachment Hole

Head

Parallel

#### **WARNING**

This cross

sectioned view shows that there is

insufficient space to

(see step 1 in the

assembly guide)

fully house the middle

leg section when using

Lazy Leg Adaptor Plug

Legs must be prevented from splaying apart when loaded.

Damage to the Arachnipod may result if the legs are not properly secured. Please read the Arachnipod user manual for more information

Lazy Leg (Top Section)

**Detent Pins** 

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# arachnip Inspection and Maintenance Records

Record serial numbers and commission dates in the table below.

Item		Serial number	Date commissioned into service
	Leg 1	AP	
Tripod	Leg 2	AP	
	Leg 3	AP	
Lazy Leg		AP	
Additional Lo	eg	AP	
Bridge		AP	
Reverse He	ad	AP	
Fall Arrest B	llock	AP	
Winch		AP	
Lazy Leg	Head assy	AP	
Extender	Plate assy	AP	
		AP	
		AP	

Arachnipods should be decommissioned from service after a maximum of 12 years from the date of commissioning into service, However if the date of commissioning into service is <u>not</u> recorded the unit should be decommissioned from service after 12 years from the date of manufacture,

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# **Regular Checking Procedures and Inspection**

The unit must be inspected before and after every use by the operator, the unit must also be inspected by a competent, instructed, accredited person at least once a year to ensure the unit is fully functional. Details of this inspection are to be recorded in the following table: (please make additional copies of this inspection sheet as required)

Items inspect	ted (please tick)		
Tripod	Lazy Leg	Spare Legs	
Bridge	Reverse Head	Fall Arrest Block	
Winch	Accessory Kit	Lazy Leg Extender Kit	
Detail any items	requiring maintenance and	action taken:	
Inon acted by		Ingrestion Date:	
Inspected by :		Inspection Date:	
Signature:			
Print Name:			



Items Inspec	ted (please tick)		
Tripod	Lazy Leg	Spare Legs	
Bridge	Reverse Head	Fall Arrest Block	
Winch	Accessory Kit requiring maintenance and a	Lazy Leg Extender Kit	
Inspected by		Inspection Date:	
Signature:			
Print Name:			